

# Supporting you with the cost of living

**If you are a Progress Housing Group tenant and worried about paying your rent or other household bills, please get in touch with us.**

We are here for you with non-judgemental emotional and practical support, including advice on benefits and budgeting.



Scan me

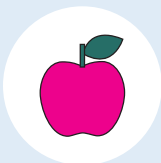
**For help and support please visit our online cost of living hub**



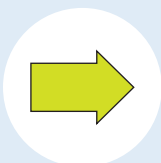
## We also have support available in the community



**Pop in for a brew and a chat at The Base, Bannister Drive, Leyland, PR25 2GD**, where you will find a warm welcome any week day between 10am and 4pm. Visit our community cafe on Mondays, 10am until 4pm, and our community shop 10am to 5pm on Wednesdays. Register and pay £2.50 for 10 items per week.



**We also support a community shop**, which is run by Wade Hall Community Association at The Place, 73 Royal Avenue, Leyland, PR25 1BX. This is open Mondays, 12.30pm until 6.30pm. Members pay £3.50 per week.



**Our Progress Futures Team** can assist people into employment and training. For more information **email [futures@progressgroup.org.uk](mailto:futures@progressgroup.org.uk)** or visit **[www.progressgroup.org.uk/futures/](http://www.progressgroup.org.uk/futures/)**

**If you wish to speak to someone, you can use our live chat on our website**

**[www.progressgroup.org.uk](http://www.progressgroup.org.uk) or call us on 0333 320 4555**

**Follow us on social**  