

# How to pay rent

## You can pay your rent in several ways

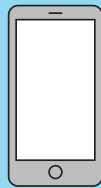
### Direct Debit

Payments can be made straight from your building society or bank account.



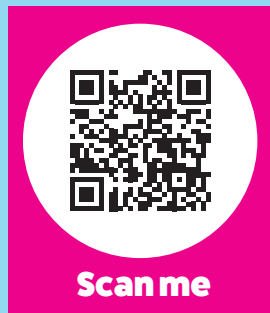
### Telephone

You can pay your rent using our automated telephone line - call **0333 320 4555**.



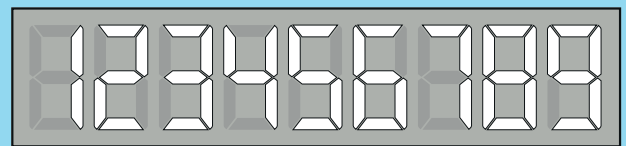
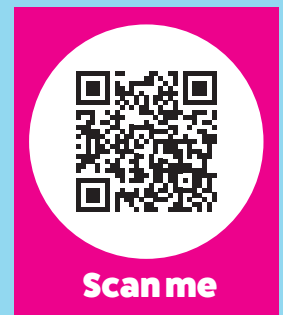
### Keep on top of your rent balance

You can check your rent balance at any time by logging into your online tenant account.



### Online

Paying your rent online is one of the quickest and safest ways to pay. You will need your 9-digit tenancy reference number beginning with a '4' or '5'.



### Struggling to pay your rent?

Get in touch with our friendly team for help and support.

**Pay your rent**  
**Telephone 0333 320 4555**

Follow us on social    
Website - [www.progressgroup.org.uk](http://www.progressgroup.org.uk)

