## **Progress Futures**



**Help and** 

## Here to help improve your skills, employment prospects, and wellbeing

Our dedicated Progress Futures officers will work with you on a one-on-one basis to help you identify your aspirations and work with you in a person-centred way to help you to remove any barriers you may have.

By developing a personalised action plan, we will support you in moving towards and achieving your goals.

## If you:

- are looking to improve your skills through training and education
- have been made redundant or would like a change in career but are unsure of your next steps
- are looking for some help to secure employment
- are looking to develop new skills through volunteering

Get in touch today!

## We can help with:

- Careers advice, job applications, and CV development
- Interview preparation and support
- Budgeting, finance and benefits advice
- Sourcing locally funded career-related training and education
- Improving your confidence and overall wellbeing
- Digital and social inclusion
- We can also support with exploring funding towards childcare Subject to eligibility.





**Call 07976 812535** 

or email futures@progressgroup.org.uk

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